

# FROM THE GRILL

THE FDA advises that consuming raw or undercooked meat, poultry, seafood, shellfish, or eggs may increase your risk of food born illness

## STEAKS

Your choice of one side order:

Mashed potatoes du jour, House vegetables, Spanish rice, black beans, refried beans or side salad

<b>14 Oz Rib-Eye Steak</b>	25
<b>Carne Asada (Broiler Steak)</b>	22

## CORN FLAT BREAD SANDWICHES

A handmade corn tortilla, fire grilled and served with lettuce and tomato

Your choice of one side order:

Mashed potatoes du jour, House vegetables, Spanish rice, black or refried beans

<b>Fire Grilled Chicken Breast</b>	11.5
<b>Fire Grilled Tilapia Fish</b>	12

Toppings for Sandwiches:

Fajita Style (Sautéed green peppers and white onions) 1 Jack & Cheddar cheese .50

## FAJITAS

With black beans, sautéed green peppers and white onions. On the side: sour cream, Jack & Cheddar cheese, guacamole, pico de gallo, lettuce, and soft corn tortillas

<b>Chicken Breast Fajita</b>	17	<b>Shrimp Fajita</b>	18.5
<b>Duck Fajita</b>	17.5	<b>Tilapia Fajita</b>	17.5
<b>Flank Steak Fajita</b>	18.5	<b>Combo Fajita (choice)</b>	19.5

## TACOS

Served with pico de gallo, sour cream, guacamole, lettuce, Spanish rice, and refried beans on the side. Cooked with tomatillo green salsa, cilantro, white onions, and Jack & Cheddar cheese. Cannot be combined.

<b>Carnitas Tacos</b>	14
<b>(Shredded Pork)</b>	
<b>Flank Steak Tacos</b>	16
<b>Ground Beef Tacos</b>	14
<b>Shredded Chicken Tacos</b>	14
<b>Shredded Duck Tacos</b>	16
<b>Tilapia Tacos</b>	15
<b>Black Bean Tacos</b>	13

# SALADS

## Dressings:

Ancho Chile Honey Mustard, Buttermilk Ranch,  
Raspberry Vinaigrette, Oil & Vinegar, or Balsamic Vinegar.

**Caesar Salad** 6.5  
A classic made with our Homemade dressing. Topped with tortilla tri color strips and parmesan cheese

**Taco Salad** 10  
Hand made corn tortilla shell filled with lettuce, sour cream, pico de gallo, guacamole, and Jack & Cheddar cheese. Meat options are sauteed with tomatillo green sauce, cilantro, and white onions

**Cantina Salad** 6  
Blend of mixed greens and fresh vegetables

**Toppings for Salads**  
Black Beans 3.5  
Carne Asada 8  
Grilled Chicken 4  
Grilled Shrimp 8  
Ground Beef 5

# SOUPS

**Award Winning Beef Chili :**  
**Cup: 5.50 Bowl: 6.5**

**Santa Fe Black Bean Puree**  
**Cup: 3.5 Bowl: 4.5**  
sour cream

# APPETIZERS

**Adobe Steamers (Clams)** 15

Steamed little neck clams in buttered white wine, and Mexican Chile Chipotle pesto sauce. Served over a handmade corn tortilla

**Fiesta Nachos** (Add shredded chicken or ground beef \$2) 7

Topped with black bean puree, guacamole, sour cream, Jack & Cheddar cheese, jalapenos, pico de gallo and black olives

**Guacamole Dip** 7.5

Avocado pulp mixed with white onions, cilantro, jalapenos, tomatoes and lime

**Mesquite Grilled Shrimp and Goat Cheese Pizza** 17.5

Two 10" handmade corn tortillas baked for a personal size pizza with sundried tomato pesto. Topped with grilled shrimp, spinach, goat cheese, and Jack & Cheddar cheese



# QUESADILLAS

One 10" oven roasted and handmade corn tortilla and topped with sour cream, lettuce, guacamole, pico de Gallo, olives, and jalapenos. Appetizer size.

<b>Chicken Quesadilla</b>	12	<b>Shrimp Quesadilla</b>	14
<b>Crabmeat Quesadilla</b>	14.5	<b>Cheese Quesadilla</b>	10.5
<b>Duck Quesadilla</b>	13	<b>Mushroom Quesadilla</b>	11.5
<b>Ground Beef Quesadilla</b>	13	<b>Vegetable Quesadilla</b>	11

# BURRITOS

One 10" rolled and handmade corn tortilla. Served with Spanish rice and House veggies.

<b>Carne Asada Burrito</b>	19
<b>Shredded Chicken Burrito</b>	15
<b>Shredded Pork Burrito</b>	16
<b>Vegetarian Burrito</b>	15.5

# ENCHILADAS

Two corn tortillas rolled and baked to perfection. Cannot be combined.

<b>Chicken Enchilada</b>	14
<b>Crabmeat Enchilada</b>	18
<b>Ground Beef Enchilada</b>	14
<b>Assorted Mushrooms Enchilada</b>	13
<b>Black Bean &amp; Cheese Enchilada</b>	12.5
<b>Vegetable Enchilada</b>	13

# ADOBE DINNERS

<b>Baked Boneless Chicken Breast</b>	19
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Stuffed with goat cheese, Jack & Cheddar cheese, spinach, red onions, and roasted red peppers. Topped with a jalapeno mayo sauce and served with mashed potatoes du jour and House vegetables

<b>Pan Seared Salmon</b>	19
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With wasabi crème fraise and balsamic glaze  
Served with Spanish rice and House vegetables

<b>Chicken or Beef Tamales</b>	14.5
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Steamed pat corn meal. Served in a traditional corn husk. Topped with cream and roasted red tomato salsa. Served with Spanish rice and refried beans

<b>Tostadas or Sopes</b>	16
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Your choice of shredded chicken, shredded pork, flank steak, or ground beef.  
Topped with refried beans, lettuce, sour cream, Mexican queso fresco cheese, and jalapenos. Served with Spanish rice and refried beans.

# The Adobe Café Restaurant

Specializing in Southwestern & Mexican Cuisine

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# GLUTEN FREE DINNER MENU

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## FOR YOUR INFORMATION

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### Gluten Free/ Celiac Disease

Is an auto-immune digestive disease that interferes with the absorption of nutrients from foods containing wheat gluten

### Important Notes from The Adobe Café Restaurant

For the benefit of your health, we cook with soy oil, our meals are prepared to order and made from scratch. The Adobe Café Restaurant recognizes the possibility of cross-contamination in preparing gluten-free foods. Although we cannot guarantee a cross-contamination free kitchen to prepare our foods, we can assure that we have taken drastic measures (separated equipment and utensils separated equipment and utensils exclusively for the Gluten Free Community) to eliminate as much cross-contamination as possible

### The following web sites are for your consultation

[celiac.com](http://celiac.com)

[celiac.org](http://celiac.org)

find me gluten-free (I phone application, not web site)

[csaceliacs.info](http://csaceliacs.info)

visit [philly.com/restaurants-dinning/gluten-free](http://philly.com/restaurants-dinning/gluten-free)